



→ Stanford Hall Duathlon Adult/youth event Bike course – 2X Laps = 22km - Shorter if you can't get through the back gate & through the grounds – obviously gates will be open on race day!?

→ Novice & teams short course 2 laps. (First left off Melton Road)

Children's (5-14yrs) events are all in the Estate grounds.

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 Ashby Road
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